# Welcome to Iskcon Vellore Sanctuary

### Join our Hari Naam Sankirtan



Every Town & Village! Join our Harinam Sankirtan Party every Saturday 7am to 7pm! Distribute Books! Distribute Prasad! Distribute Leaflets! Join us to the spiritual World ! Chant & Dance with us on the Street & Experience Transcendental Bliss!

Sankirtan is imported from the topmost Spiritual planet, Goloka Vrindavan; it is not material musical rock and roll. It is actually imported from Goloka. [Letter to Bhagavan - February 1, 1974]

All persons in this material world are suffering from material pains, and if one wants to get rid of them, he must associate with saintly persons, pure devotees of the Lord, and chant the mahä-mantra, Hare Krsna, Hare Krsna, Krsna Krsna, Hare Hare / Hare Räma, Hare Räma, Räma Räma, Hare Hare. That is the only auspicious way for materialistic persons. (Srimad Bhagavatam 4.22.16)



If the surface of the globe is overflooded with the chanting of the Hare Krsna mantra, the people of the world will be very, very happy. (Srimad Bhagavatam 4.24.10)

> harer näma harer näma harer nämaiva kevalam kalau nästy eva nästy eva nästy eva gatir anyathä

The powerful hari-nama is so strong that even one unconsciously or consciously... Sometimes they imitate: "Hare Krsna." They have no intention to chant the holy name of Krsna, but they imitate or criticize, "Hare Krsna."

That also has an effect. From Srila Prabhupada's lecture on Srimad-Bhagavatam 6.2.5-8 -- Calcutta, January 10, 1971

Jai Sri Krsna Chaitanya Prabhu Nityananda Sri Adwaita gadadhara sriwasadi gaura bhakta vrinda - chant this mantra 1 time before the holy name

> Hare Krsna Hare Krsna Krsna Krsna Hare Hare Hare Rama Hare Rama Rama Rama Hare Hare -Chant 108 times

-Continue Doing it until you realize Krsna !

### Japa Retreat

### Every Saturday Evening (5.00pm - 8.00pm)

- Prayers to Holy Name & Glories : 5:00 pm to 5:30 pm
- Japa Reform Course and workshop : 5:30 pm to 6:30 pm
- Focused and Serious Japa Practice : 6:30 pm to 7:30 pm
- Meditative Kirtan Bhajans with Lamps : 7:30 pm to 8:00 pm
- Dinner Prasadam : 8:00 pm

IVS cordially welcomes you for the Japa Meditation program

Let's get closer & deeper with Krsna! 🤴

## **Spiritual Fitness**

#### Program Schedule

4:30 am 5:00 am 7:15 am 8:00 am 9:00 am

10:00 am

Mangala Arati

Japa Session

Guru Puja Kirtan & Bhajans

Spiritual Discourses

Delicious Prasadam

Serve Krishna & his devotees until you get tired

#### Join our Spiritual Fitness program !

- Rising early before 4am
- Following 4 regulative principles (no meat eating, no intoxication, no gambling, no illicit sex)
- Worshiping the Deity's
- Chanting the holy name 16 rounds everyday minimum
- Hearing Srimad Bhagavatam class & Studying vedic scriptures & preaching
- Associating with Devotees who are serious about Krsna & free from duplicity
- Traveling to Vrindavan & Mayapur

All the above acts make one spiritually fit & strong. This process will make you realize the self & Krsna quickly. It's a program for all Youth's, Kids & Seniors.

Every Sunday 4.30 am – 9.00 am with Hare Krsna monk

Let's get closer & deeper with Krsna! 🔅



- Mantra Chants
- Speech
- Drama & choir songs
- Art & Music Skills
- VTA Courses
- Workshop
- Outing's
- Meditative Kirtan & Prasad

IVS - Iskcon Vellore Sanctuary cordially welcomes all the kids to join our training session, outings, and fun. It's designed and structured to guide childrens to gain vedic wisdom, self discipline and a bright future in a Krsna conscious way. Please bring your kids!

#### Every Sunday 10am to 4 pm

Age: From 5 to 13 Boys & girls

## Youth Care

IVS - Iskcon Vellore Sanctuary, presents discourses based on Vedic Scriptures for Youth's!

Youth's are our future, and it's time to learn spiritual values. We give youth's specialcare by nourishing their intelligence with Wisdom talks from Vedic Science every Sunday!

Please take the privilege of connecting with us. We cordially welcome youngster's to participate

#### **Program Schedule**

10 am to 11 am -	Sloka Chant,Prayers,Ashtakams
11 am to 12 pm -	VTA Discourses
12 pm to 1 pm -	VTA Discourses
1 pm to 2 pm -	VTA Discourses
2 pm to 3 pm -	VTA Discourses
3pm to 3:30pm -	Field Work and Meetings
3:30 pm -	Lunch Prasadam

4 sessions of spiritual discourses with 10 min of bhajans & kirtan break between each. Kirtan Philosophy prasadam Service & Krsna conscious fun

Vaisnava Training Academy (VTA) Courses for youth's

- Bhag prayers
- Sloka Chant Br samhita, BG, CC, SB, NOD, NOI, ISO, & other vedic scriptures
- Acharya Bhajans
- Spiritual Discourses
- Workshop
- Vedic Readings 5 to 10 pages
- Interactive Talks
- Devotional Skills
- Practical Services

- Japa, Meditative Kirtan & Prasad
- Devotional Stories & Proverbs
- Singing , Drama, Instant Skit , Choir songs
- Student talk & Presentation Painting & Writing articles
- Youth Meetings: book distribution, Hari nama sankirtan, pulling new youths, Counciling, devotee care & inspiring, retreat, sadhana checking service, questions & answers.

Join our IVS Classes & Training session for youth's & Intellectual class

y Sunday 10am to 4p



#### **PROGRAM SCHEDULE**

10:00 am - 11:00 am 11:00 am - 3:00 pm 3:30 pm 5:00 pm - 5:30 pm 5:30 pm - 6:30 pm 6:30 pm - 7:30 pm 7:30 pm - 8:30 pm 8:30 pm - 9:30 pm Sloka Chant, Prayers, Ashtakams Vedic discourses with kirtan bhajan Lunch Kirtan Words of Wisdom Vedic Stories & Discourses

Q&A Interactive Session/Cultural Program Wisdom Bites/Philosophy/Cultural Program Meditative Kirtan & Japa

ISKCON VELLORE SANCTUARY CORDIALLY INVITES You and Your Family, Relatives & Friends to join Our Sunday Love Feast from

9 am to 10 pm

Let's get closer and deeper with Krsna 😬

## Temple Schedule

Temple Opens - 4 AM Mangala Arati - 04:30 AM Japa meditation – 5.15 AM Shringar Darshan – 07:15 AM Guru Puja - 07:25 AM Bhagavatam Discourse - 08:00 AM to 9.00 AM Pushpa Arati – 08:30 AM VTA Discourses - 11 AM to 7 PM Raj Bhoga Arati – 12:00 PM Temple Closes - 12:45 PM Utthapan Arati - 04:00 PM Sandhaya Arati – 06:30 PM Bhagavad Gita Discourse - 7.00 PM to 8.00 PM Shayan Arati - 08:00 PM Temple Closes - 08:30 PM

VISIT US Iskcon Vellore Sanctuary, Hare Krsna Land, Minnal Nagar, Poigai, Mottur, Vellore-632114

9760459365

Let's get closer & deeper with Krsna!