

# Live a Monk Life!



## Practice Celibacy! Live Pure! Live Happy!

Learn to Live a monk life at  
least one day in a week.

Stay with us & Experience  
Hare Krsna's Monk life.

**Join our Celibacy Course**

**Course Duration: 3 Months**

Celibacy is a prerequisite for self-realization, to be a transcendentalist & to achieve perfection in Krsna consciousness.

“According to Vedic principles, the first part of life should be utilized in brahmacharya (celibacy) for the development of character and spiritual qualities.” (SB 3.22.19)

*Ayus tejo balam viryam prajna  
sris ca yasas tatha  
Punyata satpriyatvam ca  
vardhate brahmacaryaya*

“By the practice of brahmacharya, longevity, luster, strength, vigor, knowledge, beauty, fame, piety and devotion to truth increase.”



**Connect with us**

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